



SBCN NEWS LETTER

**BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(BHARATH UNIVERSITY)**

**MONTHLY NEWS LETTER OF SBCN
VOL 40. ISSUE 49 FEBRUARY 2026.**



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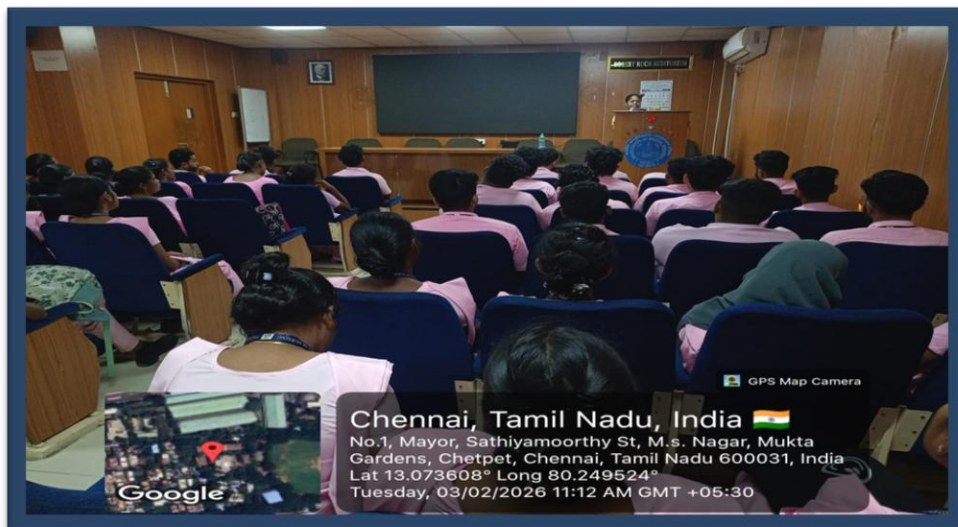
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ICMR-National Institute for Research in Tuberculosis (ICMR-NIRT)

Our B. Sc Nursing – 100 students, M. Sc Nursing 6 students, PB.B.Sc Nursing – 3 students visited ICMR on *03.2.26 & 04.02.26*



The *National Institute for Research in Tuberculosis (NIRT)* is a tuberculosis research organization located in Chennai, Tamil Nadu. NIRT carries out research on clinical, bacteriological as well as behavioural and epidemiological aspects of tuberculosis and HIV-TB. The National Institute for Research in Tuberculosis (NIRT) is an internationally recognized institution for Tuberculosis (TB) research. It is a Supranational Reference Laboratory and a WHO Collaborating Centre for TB Research and Training.



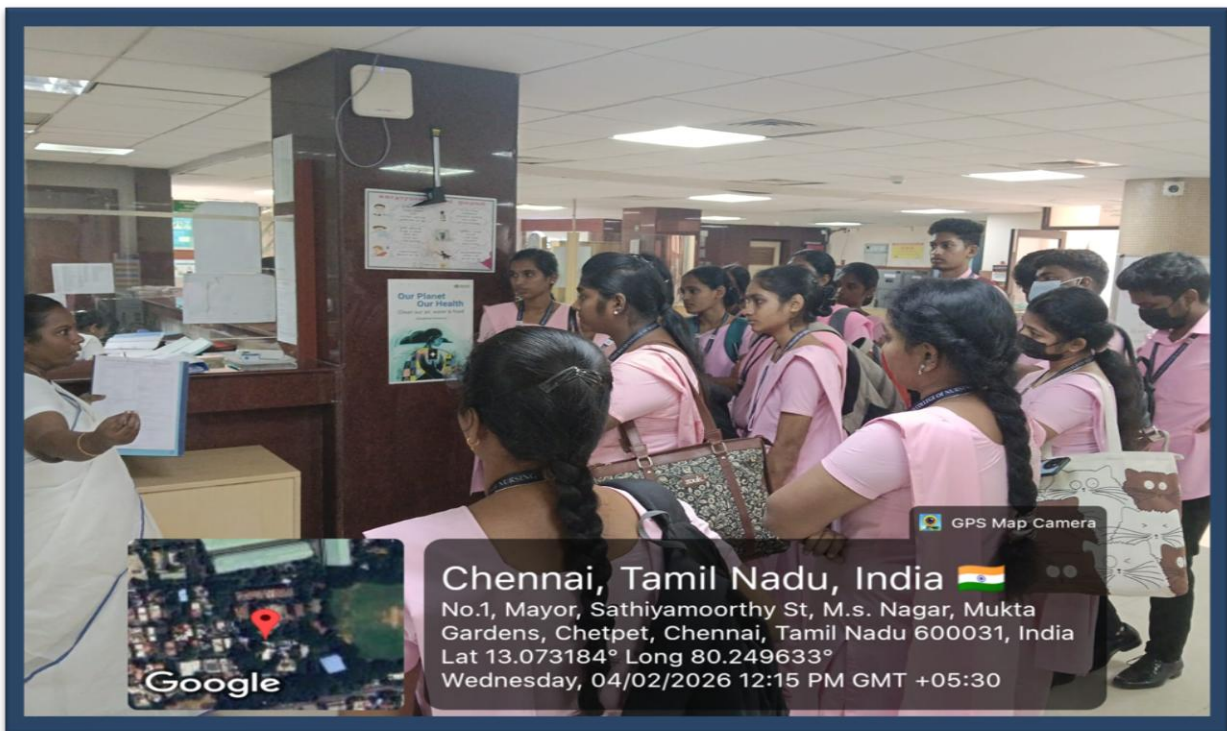
ABOUT TUBERCULOSIS:

Mrs. Komathi, and Mrs Sureshwari Senior nurse gave a detailed explanation on tuberculosis, its causes, medications and drugs.. she also explained about the various research activities which are taking place. They also briefly explained about the clinical trials which are taking place in ICMR.



Recently, an International Centre for Excellence in Research (ICER) in collaboration with NIH was established at the Centre. The NIRT is equipped with modern equipments such as a auto analyser for performing biochemical tests, a Titretek muti-scanner for immunological tests, Flow cytometry for measuring CD4/CD8 cells, Cobas amplicor HIV-1 monitor, DNA sequencer, Real time PCR, HPLC and LCMS, digital X-ray machine, BSL-2 facility, Confocal microscope etc.









IEEE PUBLICATION RECOGNITION- FEBRUARY 2026

Faculty of Sree Balaji College of Nursing published research papers in an IEEE -indexed conference, marking a significant academic milestone- Prof. .Binipaul received an IEEE publication certificate for the paper-“**Efficient netV2 model for tuberculosis classification from chest radiographs in medical analysis**” published in an IEEE Recognized conference



Faculty of Sree Balaji College of Nursing published research papers in an IEEE -indexed conference, marking a significant academic milestone- Dr. Ajitha Nancy Rani received an IEEE publication certificate for the paper-“ **Hybrid deep learning approach for accurate early stage diabetes risk prediction**” published in an IEEE Recognized conference



A FIELD VISIT ON RAIN WATER HARVESTING IN RAIN CENTRE



The third-year B.Sc, Nursing students of Sree Balaji College of Nursing, embarked on our field trip on **February 5th, 2026, at 09:00 a.m.**, traveling by our college bus with a group of 100 students to fulfill our community requirements. We reached our destination at 11:00 a.m. under the guidance of our esteemed professors, Mrs. Yashodha, Mrs. Vijayalaksmi, Mrs. Gayathri and Mrs Elizabeth.

The Rain Centre in Adyar, Chennai, is a pioneering facility dedicated to promoting sustainable water conservation practices, particularly rainwater harvesting. Established in 2002 by **Dr. Sekhar Raghavan**, the center aims to educate the public on the importance of conserving rainwater to address water scarcity and environmental challenges.

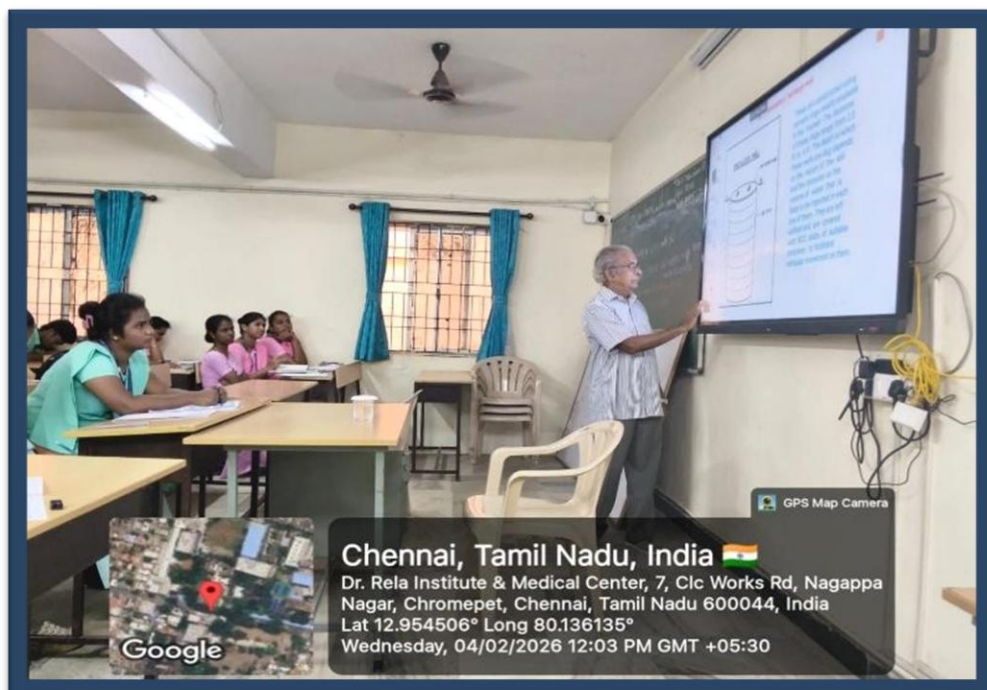
Located in the Besant Nagar area, near Adyar, the Rain Centre serves as a resource hub, showcasing practical models and techniques for harvesting rainwater in urban and rural settings. It provides guidance on designing and implementing cost-effective rainwater harvesting systems for residential buildings, schools, industries, and public spaces. The center also conducts workshops, awareness programs, and technical consultations, empowering individuals and organizations to adopt co-friendly water management practices. Recognized for its impactful community work, the Rain Centre has contributed significantly to Chennai's water conservation efforts, setting an example for other cities to follow.

**DAY 1
HISTORY EXPLANATION**

Dr. Sekhar Raghavan is the first Trustee of the Rain Centre in Chennai. With a Ph.D. in University



of Madras. Dr.Sekhar has a strong background in science and research. During his time as a Research Fellow at the Centre for Policy Studies, a socio- economic research institute, he was able to visit rural areas and learn about traditional water harvesting systems. In 1995, he started a door-to-door campaign in Chennai to raise awareness about the importance of rainwater harvesting. Since 2002, Dr . Sekhar has been the Director of Rain Centre, where he continues to spread awareness about the importance of rainwater harvesting and ecological sanitation



He was recognized for his work as an Ashoka Fellow in 2003 by the Ashoka Innovators for the Public, USA, and received the Harmony Silver Award in 2010 from the Harmony for Silvers Foundation in Mumbai.



DAY 2

EXPLAIN WORK PLACE ACTIVITY

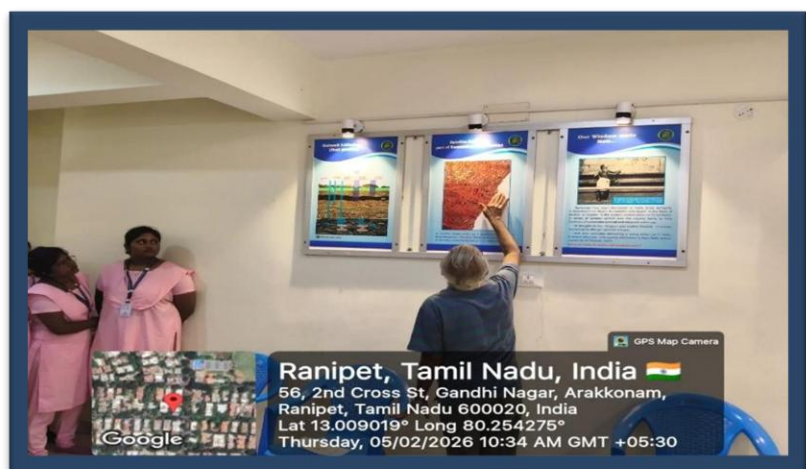


Rainwater harvesting (RWH) at the Rain Centre in Adyar is a practical and sustainable system

designed to collect and utilize rainwater effectively. The process begins with rooftop collection, where rainwater is captured from building surfaces like roofs. This water is directed through pipes into storage tanks or infiltration structures. Before storage, the water passes through filter units to remove debris and contaminants. For groundwater recharge, the harvested water is diverted into recharge wells or percolation pits, allowing it to infiltrate the soil and replenish aquifers.

The system helps reduce urban flooding by managing rainwater runoff and increases the groundwater table, essential in water-scarce cities like Chennai. It requires minimal maintenance and is adaptable for individual homes, schools, or large institutions. The Rain Centre provides guidance on design and installation, ensuring systems are cost-effective and suitable for local conditions. This initiative not only ensures water availability during dry months but also reduces dependence on external sources like borewells and tanker water.

EXPLAIN HOW ITS PROCESS WORKS CLEARLY







Empowering Communities with RWH Resources

The Rain Centre has prepared resource materials, such as booklets and posters. In English and Tamil. To educate the public about both RWH and eco-sanitation. These materials have been distributed for free or at a nominal cost, and all volunteers wear a publicity button to spread the word about RWH. The Centre also created a “Rainwater Harvesting Done Here” signboard, which it distributed to people who have implemented harvesting on their premises. By setting up stalls at exhibitions, the Centre has helped to popularize and promote RWH and ecological sanitation.



HISTORY OF RAIN CENTRE

On August 21, 2002, the Trust launched the first-of-its-kind Rain Centre in Chennai, inaugurated by the Honorable Chief Minister of Tamil Nadu. The Rain Centre serves as a one-stop information and assistance center for RWH and was funded by non-resident Indians living abroad, as well as support from the Centre for Science and Environment in New Delhi and the Tamil Nadu government.

The Rain Centre is a model house for RWH and offers a range of information including various designs, cost estimates, and a list of contractors to implement RWH in independent houses, flats, offices, factories, and institutions. The Centre is open to all and provides its services for free, thanks to the funds received by the Akash Ganga Trust through donations.

MAKING RWH A REALITY

1. Helping residents implement RWH in their premises with the help of trained plumbers and masons.
2. Providing assistance to individuals who have requested help to Implement RWH in their homes or complexes, free of charges.



NATIONAL DEWORMING DAY

Every *year 10th of February* is observed as national Deworming Day. Sree Balaji College of Nursing along with Pallavaram PHC distributed Albendazole tablet 400 mg. All Bsc Nursing students are benefitted by this programme. A public health initiative aimed at protecting our children and adolescents against intestinal worm infection. Worm infection is common in our country. Due to several factors, environmental, social and infrastructure disease.

Goals & Objectives of the Program

The objective of National Deworming Day is Deworming all the children (school enrolled and non-enrolled) *aged 1 to 19 years*, through the platform of schools and Anganwadi Centers in order to improve their overall health, nutritional status, access to education and quality of life.

RECEIVING ALBENDAZOLE TABLET FROM PHC STAFF NURSES





ALBENDAZOLE GIVEN TO STUDENTS







National Deworming Day



RURAL HEALTH TRAINING CENTRE



INTRODUCTION:

Sree Balaji Rural Health Centre was adopted and maintained by Sree Balaji Medical College and Hospital. It is situated at Padappai . It is 22 kilometers away from Sree Balaji Medical and hospital. At present Rural Health Centre is maintained by a Chief Medical Officer and supported by a paramedical. It as a referral unit to Sree Balaji Medical College And Hospital Chrompet. The activities of Rural Health Training Centre involve Promotive, Preventive, Curative and Family welfare services. It covers four villages Serrapanacherry, Padappai ,Natarasanpet, Sripuram.

Population Distribution – Padappai

According to the records available at the Rural Health Training Centre, Padappai, The total population: 23,016.

Male population: 11,833

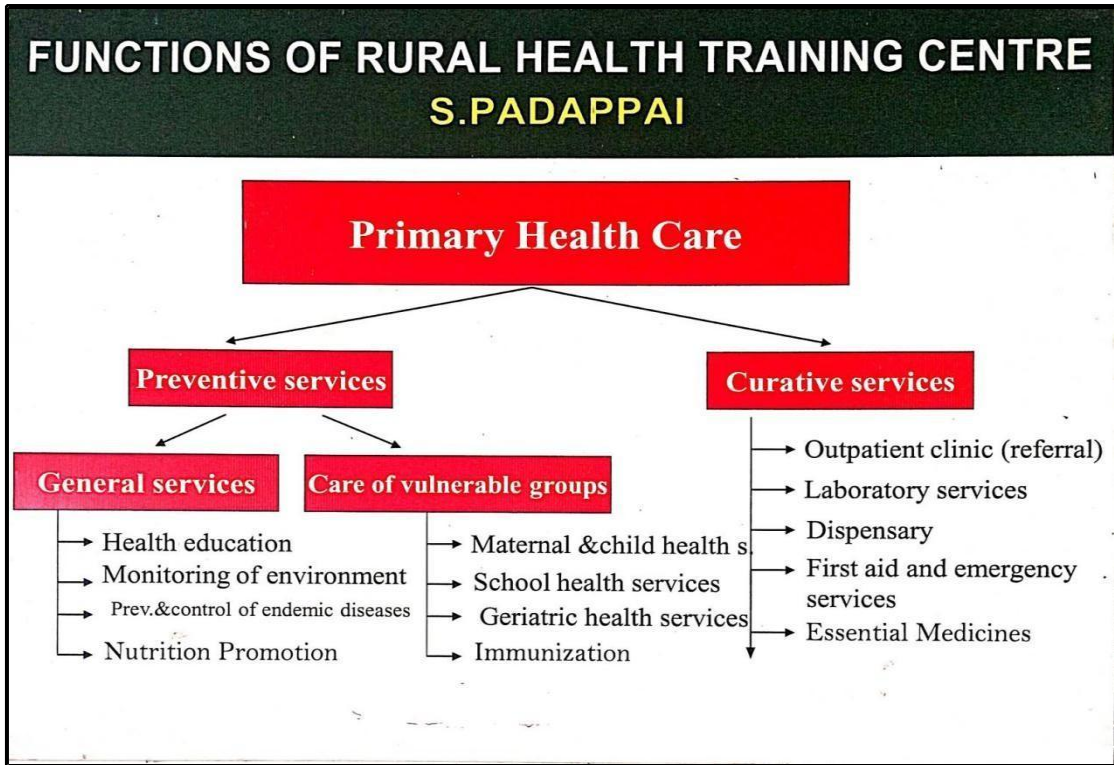
Female population: 11,183

The area consists of 2,018 houses and 2,516 families.

SRI BALAJI MEDICAL COLLEGE AND HOSPITAL CHROMPET CH-44
RURAL HEALTH TRAINING CENTRE SERAPPANCHERI PADAPPAI
PANCHAYATH AND VILLAGE WISE POPULATION

NAME OF THE PANCHAYATH	NAME OF VILLAGE	Males		Females		TOTAL	
		No.	%	No.	%	No.	%
1. PADAPPAI	1. KILIPADAPPAI	101	1.00	101	1.00	202	1.00
	2. KILIPADAPPAI	101	1.00	101	1.00	202	1.00
	3. KILIPADAPPAI	101	1.00	101	1.00	202	1.00
2. SALAMANGALAM	4. SALAMANGALAM	101	1.00	101	1.00	202	1.00
	5. SALAMANGALAM	101	1.00	101	1.00	202	1.00
	6. SALAMANGALAM	101	1.00	101	1.00	202	1.00
	7. SALAMANGALAM	101	1.00	101	1.00	202	1.00
3. SARAPANACHERI	8. SARAPANACHERI	101	1.00	101	1.00	202	1.00
	9. SARAPANACHERI	101	1.00	101	1.00	202	1.00
	10. SARAPANACHERI	101	1.00	101	1.00	202	1.00
	11. SARAPANACHERI	101	1.00	101	1.00	202	1.00
	12. SARAPANACHERI	101	1.00	101	1.00	202	1.00
4. VALUR	13. VALUR	101	1.00	101	1.00	202	1.00
	14. VALUR	101	1.00	101	1.00	202	1.00
	15. VALUR	101	1.00	101	1.00	202	1.00
	16. VALUR	101	1.00	101	1.00	202	1.00
	17. VALUR	101	1.00	101	1.00	202	1.00
5. VATTANBARKKI	18. VATTANBARKKI	101	1.00	101	1.00	202	1.00
	19. VATTANBARKKI	101	1.00	101	1.00	202	1.00
	20. VATTANBARKKI	101	1.00	101	1.00	202	1.00
	21. VATTANBARKKI	101	1.00	101	1.00	202	1.00
	22. VATTANBARKKI	101	1.00	101	1.00	202	1.00
6. MATTAKKALPATTU	23. MATTAKKALPATTU	101	1.00	101	1.00	202	1.00
	24. MATTAKKALPATTU	101	1.00	101	1.00	202	1.00
	25. MATTAKKALPATTU	101	1.00	101	1.00	202	1.00
	26. MATTAKKALPATTU	101	1.00	101	1.00	202	1.00
	27. MATTAKKALPATTU	101	1.00	101	1.00	202	1.00
7. UDAYAPURAM	28. UDAYAPURAM	101	1.00	101	1.00	202	1.00
	29. UDAYAPURAM	101	1.00	101	1.00	202	1.00
	30. UDAYAPURAM	101	1.00	101	1.00	202	1.00
	31. UDAYAPURAM	101	1.00	101	1.00	202	1.00
	32. UDAYAPURAM	101	1.00	101	1.00	202	1.00

Salamangalam, Tamil Nadu, India
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 601301, India
 Lat 12.870938° Long 79.988744°
 Thursday, 29/01/2026 11:57 AM GMT +05:30



INFRASTRUCTURE AND SERVICES:

1. Outpatient Department.
2. Inpatient Department.
3. Minor Operation Theatre.

MEDICAL CARE:

- A. OPD Services.
- B. Referral Services.
- C. In-Patient services.



LABORATORY ROOM:

SREE BALAJI MEDICAL COLLEGE & HOSPITAL RURAL HEALTH TRAINING CENTRE - S.PADAPPAI	
LABORATORY INVESTIGATIONS AVAILABLE	
I. BLOOD :	<ol style="list-style-type: none">1. COMPLETE BLOOD COUNT (C.B.C)2. E.S.R.3. PERIPHERAL SMEAR4. BLOOD GROUP & RH TYPING5. BLOOD GLUCOSE (RANDOM, FASTING & POST PRANDIAL)6. SERUM BILIRUBIN7. SERUM CHOLESTEROL8. UREA, CREATININE9. ANTI STREPTOLYSIN (A S O)10. C-REACTIVE PROTEIN11. R.A FACTOR12. VDRL13. WIDAL14. HbSag15. HIV-TRIDOT <sup>I</sup><sub>II</sub>
II. URINE :	<ol style="list-style-type: none">1. ROUTINE2. GRAVINDEX (UPT)3. CULTURE
III. OTHERS :	<ol style="list-style-type: none">1. STOOL - ROUTINE - OCCULT BLOOD2. PAP SMEAR3. SEMEN ANALYSIS

ACTIVITY

ORIENTATION OF RURAL HEALTH CENTRE:



CHECKING HEIGHT AND WEIGHT





DOING BAG TECHNIQUE PROCEDURE:





HEALTH EDUCATION IN SCHOOL:





PARTICIPATE MEDICAL CAMP IN COMMUNITY AREA:



The community health nursing experience provided practical exposure to primary health care services and field-level activities. It helped in understanding the functioning of the health system, staffing pattern, records and reports, and implementation of various health programmes. The visit enhanced knowledge, communication skills, and clinical competence in delivering comprehensive care to individuals and families in the community. Overall, it was a valuable and informative learning experience.

OBSERVATIONAL VISIT REPORT ON RMD NURSING HOME



DATE:12/02/2026

TIMING: 10:00am -2:00pm NO. OF STUDENTS: 2

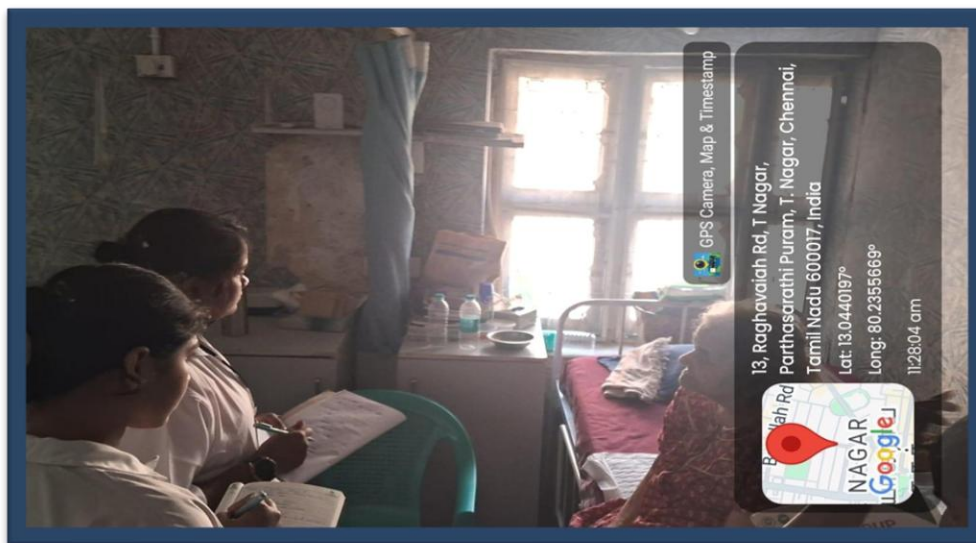
VENUE: No :13, Raghavaiah road, T.Nagar , Chennai, Tamil Nadu-600017 &No :2, Raghava Colony W St , Ashok Nagar , Chennai, Tamil Nadu-600083



SREE BALAJI COLLEGE OF NURSING-NEWS LETTER

This report presents the observations and learning outcomes from a field visit to RMD Palliative Care Centre, located in T. Nagar, Ashok Nagar, Chennai, Tamil Nadu. The visit aimed to understand the principles, services, and challenges of palliative care, and to observe how compassionate healthcare is delivered to patients with life-limiting illnesses.

Palliative care focuses on improving the quality of life of patients facing serious health problems by managing pain and providing emotional, social, and spiritual support.



Objectives of the Visit

- ✚ To understand the concept and importance of palliative care.
- ✚ To observe the functioning of a palliative care centre.
- ✚ To interact with healthcare professionals and understand their roles.
- ✚ To study patient care services and support systems.
- ✚ To learn about community outreach and home-based care services.

Overview of the Organization

RMD Palliative Care Centre is a charitable healthcare institution dedicated to providing compassionate care to patients suffering from chronic, terminal, and life-threatening illnesses such as cancer, advanced neurological disorders, and organ failure.

The centre emphasizes:

- ✚ Pain and symptom management
- ✚ Psychological counseling
- ✚ End-of-life care
- ✚ Family support services
- ✚ Home care programs

The organization functions with a multidisciplinary team including doctors, nurses, social workers, counselors, and trained volunteers.

Services Provided

In-Patient Care

The center provides residential facilities for patients who require continuous medical supervision. The environment is calm, hygienic, and patient-friendly.

Home Care Services

Medical teams visit patients at home to provide treatment, pain relief, wound dressing, and counseling support. This service helps patients remain in a familiar and comfortable environment.

Pain and Symptom Management

One of the major focuses is effective pain control using medications and supportive therapies. The medical team carefully monitors symptoms such as breathlessness, nausea, and fatigue.

Counseling and Emotional Support

Professional counselors provide emotional support to both patients and their families. Spiritual care and grief counseling are also offered.

Awareness and Training Programs

The centre conducts awareness programs to educate the community about palliative care and trains caregivers in patient handling and basic nursing care.



Observations During the Visit

- ✚ The atmosphere of the centre was peaceful and welcoming.
- ✚ Staff members were compassionate and attentive to patients' needs.
- ✚ Patients were treated with dignity and respect.
- ✚ Family members were actively involved in the care process.
- ✚ The centre relies on donations and community support for its functioning.

The interaction with healthcare professionals helped in understanding the emotional resilience required in palliative care practice.

Challenges Faced by the Centre

- ✚ Limited financial resources.
- ✚ Lack of awareness about palliative care among the general public.
- ✚ Emotional stress faced by caregivers and staff.
- ✚ Increasing demand for services.

Learning Outcomes

The field visit provided valuable insights into:

- ✚ The importance of holistic patient care.
- ✚ The need for empathy and communication skills in healthcare.
- ✚ The role of teamwork in managing complex medical conditions.
- ✚ The significance of dignity in end-of-life care.

The visit helped in understanding that palliative care is not about curing disease but about enhancing the quality of life. The field visit to RMD Palliative Care Centre, T. Nagar and Ashok Nagar was an enriching and meaningful experience. It highlighted the importance of compassion, dignity, and patient-centered care in healthcare practice. The centre plays a vital role in supporting patients and families during some of the most challenging times of their lives. This visit enhanced practical knowledge and deepened understanding of palliative care services in the community.



FIELD VISIT ON SLAUGHTER HOUSE



Date: 12/02/2026

Batch: 2023 – 2027

We, The third year B.sc Nursing Students in Sree Balaji College of Nursing embarked on our field trip ***February 12,2026 at 9am.***,traveling by our college bus with a group of 100 students to fulfill our community requirement . We reached our destination at 11am under the guidance of our esteemed professor Mrs.Vijayalakshmi , Mrs.Yashoda, Mrs.Dhanalakshmi, and Mrs.Gayathri.

EXECUTIVE SUMMARY:

The field visit to Madras Veterinary College Chennai, provided valuable insights into the college's research facilities, academic programs, research facilities and clinical services. The visit aimed to assess the college capabilities in veterinary education, research and extension services. Madras veterinary college, established in 1903, is one of the oldest and most prestigious veterinary institutions in India. The college offers undergraduate, postgraduate and doctoral programs in veterinary science and animal husbandry.

INFRASTRUCTURE:

- Well – maintained building, laboratories, clinical facilities.
- Adequate space for class rooms, libraries and student and amenities.
- Modern equipment and instruments in laboratories and clinics.



RESEARCH FACILITIES:

- State of the art research laboratories equipped with modern equipments's.
- Ongoing research projects in areas such as animal health, nutrition and genetics.
- Collaborations with national and international research institutions.

CLINICAL SERVICES:

- Well equipped clinics providing medical and surgical service for animals.
- Experienced veterinarians and support staff provided quality care.





RESEARCH AND EXTENSION ACTIVITIES:

The college has a strong research focus, with faculty members involved in various research projects funded by national and international agencies.

SOME OF THE KEY RESEARCH AREAS INCLUDE:

- Animal disease diagnosis and management.
- Animal nutrition and technology.
- Training programs for veterinarians and para - veterinarians.

The field visit to madras veterinary college, Chennai, was informative and insightful. The colleges' commitment to excellence in veterinary education, research and clinical services is evident. With continued investment in infrastructure, partnership, and clinical services, the college is well. Positives to remind a leader in veterinary education and research.

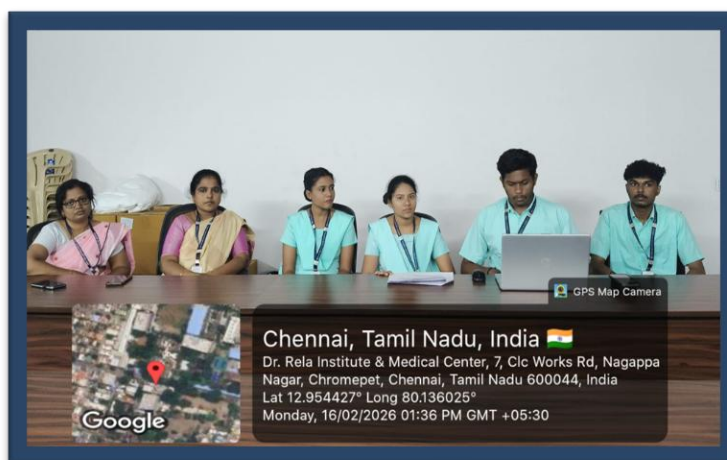
REPORT ON PARTICIPATION OF SREE BALAJI COLLEGE OF NURSING IN BIRAC–E-YUVA ONLINE PROJECT PRESENTATION (16.02.2026 & 17.02.2026)

Sree Balaji College of Nursing actively participated in the prestigious **BIRAC–E-YUVA Online Project** Presentation organized by the Biotechnology Industry Research Assistance Council (BIRAC). The E-YUVA (Encouraging Youth for Undertaking Innovative Research and Entrepreneurship) initiative is a national-level program designed to promote innovation, startup culture, and translational research among students and young professionals in healthcare and biotechnology sectors. The participation of the college in this esteemed platform reflects its strong commitment to nurturing research, innovation, and entrepreneurial skills among nursing students.

DAY 1: 16.02.2026 – AFTERNOON SESSION Project: VIBGYOR Medicine Measuring Cup Presented by: Mr. P. M. Nikhil and Team

On 16th February 2026, during the afternoon session, Mr. P. M. Nikhil and his team presented their innovative healthcare solution titled **VIBGYOR Medicine Measuring Cup**. The project primarily focuses on improving medication accuracy and enhancing patient safety.

Medication dosage errors are one of the most common challenges in healthcare settings, especially in pediatric and geriatric populations. Traditional medicine measuring cups often have unclear markings that can lead to incorrect dosing. Recognizing this problem, the team developed the VIBGYOR Cup—a color-coded medicine measuring device inspired by the VIBGYOR spectrum (Violet, Indigo, Blue, Green, Yellow, Orange, Red).



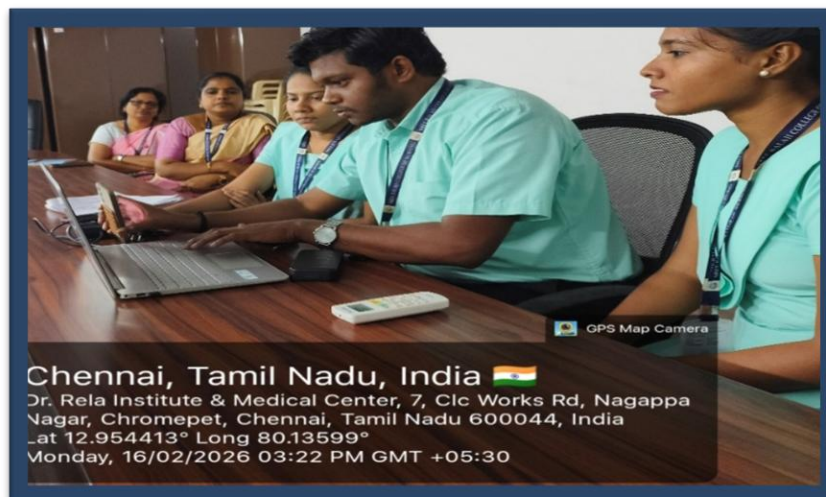
Objectives of the Project

- To reduce medication dosage errors
- To improve readability of measurement markings
- To enhance patient safety in home and hospital settings
- To provide a cost-effective and user-friendly device

The innovative aspect of the VIBGYOR Cup lies in its distinct color-coded gradations corresponding to different measurement levels. This visual differentiation allows patients, caregivers, and healthcare professionals to quickly and accurately identify the required dosage, thereby minimizing confusion.

During the presentation, Mr. Nikhil elaborated on:

- The background and significance of medication safety
- Design and structural features of the VIBGYOR Cup
- Prototype development process
- Feasibility and cost-effectiveness
- Potential for patent protection and commercialization



The team also discussed the broader implications of the device in rural healthcare settings, where literacy levels may vary. By using color as a universal identifier, the device supports safe medication practices even among populations with limited health literacy. The expert panel appreciated the simplicity and practicality of the innovation. During the question-and-answer session, the team confidently addressed queries regarding durability, material selection, regulatory requirements, and scalability. The presentation showcased their strong understanding of patient safety principles and innovation-driven problem-solving.

DAY 2: 17.02.2026 – MORNING SESSION

Project: Poly Herbal Infuser Pod Exhibiting Anti-Inflammatory Activity

Presented by: Mr. Ahan Ranjith and Team

On 17th February 2026, in the morning session, Mr. Ahan Ranjith and his team presented their research-based innovation titled **Poly Herbal Infuser Pod Exhibiting Anti-Inflammatory Activity**. This project integrates traditional herbal medicine with modern scientific methodology to develop a standardized herbal product.



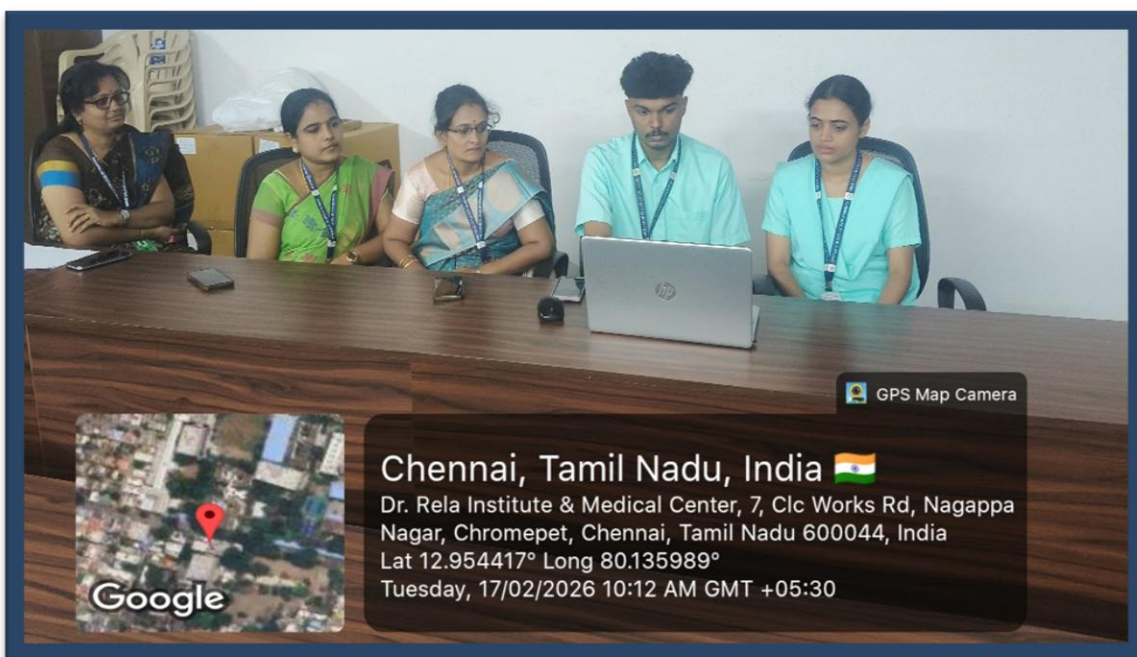
Key Features of the Project

- Selection of scientifically validated herbal ingredients
- Standardized extraction and formulation process
- Controlled dosage in infuser pod format
- Easy preparation similar to herbal tea infusion
- Preservation of phytochemical properties

Mr. Ahan Ranjith explained the step-by-step preparation process, including selection of plant materials, drying techniques, extraction methods, and quality control measures. The team also highlighted laboratory evaluation conducted to assess anti-inflammatory activity. The infuser pod format ensures convenience, portability, and consistent dosage compared to traditional decoctions.

The innovation has potential applications in preventive healthcare, community health settings, and wellness programs.

The evaluators appreciated the evidence-based approach and the effort to scientifically validate traditional herbal remedies. Questions were raised regarding safety assessment, toxicity evaluation, shelf life, and regulatory approvals. The team responded effectively, demonstrating sound research knowledge and preparedness.



Institutional Significance

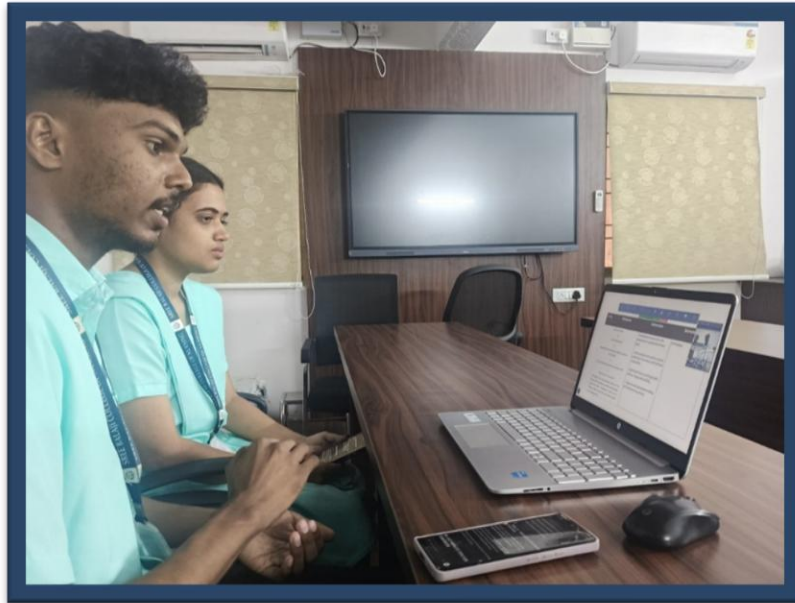
The participation of Sree Balaji College of Nursing in both sessions of the BIRAC–E-YUVA online presentation reflects the institution’s progressive vision toward integrating innovation and entrepreneurship into nursing education.

By presenting two diverse projects—

- ***A medical device innovation (VIBGYOR Cup)***
- ***A herbal biotechnology product (Poly Herbal Infuser Pod)***

SREE BALAJI COLLEGE OF NURSING-NEWS LETTER

College demonstrated interdisciplinary research capability and commitment to addressing real-world healthcare challenges.



Impact of Participation

- Enhanced research and innovation exposure
- Strengthened presentation and communication skills
- Opportunity for mentorship and funding under BIRAC schemes
- Encouragement for patent filing and startup initiatives
- Promotion of evidence-based nursing innovation

Faculty guidance and institutional support played a crucial role in preparing both teams for the national-level evaluation. The event also motivated other students to engage in innovative research activities.

The successful online presentations on **16.02.2026 by Mr. P. M. Nikhil** and team on the **VIBGYOR Medicine Measuring Cup**, and on **17.02.2026** by Mr. Ahan Ranjith and team on the **Poly Herbal Infuser Pod Exhibiting Anti-Inflammatory Activity**, represent a significant achievement for Sree Balaji College of Nursing. Through participation in the BIRAC–E-YUVA initiative, the institution reaffirmed its commitment to innovation, patient safety, research excellence, and entrepreneurial development. The program provided a valuable platform for students to transform innovative ideas into impactful healthcare solutions that contribute to national health advancement.

**INTERCOLLEGE PARAMEDICAL SPORTS MEET AT SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH (SRMC) FEBRUARY 18-
21,2026**

An Intercollegiate Sports Meet is a premier, multi-day, competitive event bringing together student-athletes from various institutions to compete in diverse sports like cricket, athletics, and volleyball. It promotes teamwork, discipline, and, most importantly, sportsmanship, providing a platform to celebrate physical talent, foster camaraderie, and encourage healthy competition.

SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai

SRIHER 2k 26

**8th STATE LEVEL INTER-PARA MEDICAL
INVITATION TOURNAMENT 2026**

From 18.02.2026 to 21.02.2026

S.No	Events	Category	No.of Participants	Entry Fee
1.	Cricket	Men	15 per team	Rs.2000/-
2.	Football	Men	15 per team	Rs.2000/-
3.	Kabaddi	Men & Women	12 per team	Rs.1000/-
4.	Basket Ball	Men & Women	12 per team	Rs.1000/-
5.	Volley Ball	Men & Women	12 per team	Rs.1000/-
6.	Throw Ball	Men & Women	12 per team	Rs.1000/-
7.	Chess	Men & Women	Individual 2 entry (per college)	Rs.200/-
8.	Carrom	Men & Women	Max 4 per team (Team event)	Rs.300/-
9.	Table Tennis	Men & Women	Max 4 per team (Team event)	Rs.300/-
10.	Badminton	Men & Women	Doubles	Rs.500/-
11.	Tennikoit	Women	Max 4 per team (Team event)	Rs.300/-
12.	Athletic Event <small>(100mts, 200 mts, 800mts(W), 1500 mts(M), Long Jump, Shot put, Discus, 4x100mts relay)</small>	Women & Women	Max 2 athlete per event per athlete 3 events	Rs.100/- per athlete

RULES AND REGULATION

- Invitation tournament for Para Medical College Students only
- The names of the students along with the Bonafide Certificate duly forwarded / Signed by the concerned authorities shall be accepted.
- Students should present their ID card during the First Match and present it whenever required or asked.
- All matches will be conducted on knock - out basis.
- The Winners, Runners - up and Third Place in all the events will be awarded Trophies and Certificates along with Cash award.
- The decisions of the Organizing Committee shall be final and binding on all matters and on all events concerning this tournament.
- Last date for Entries 14.02.2026 by 6.00 pm
- Tournament Date : From 18.02.2026 to 21.02.2026

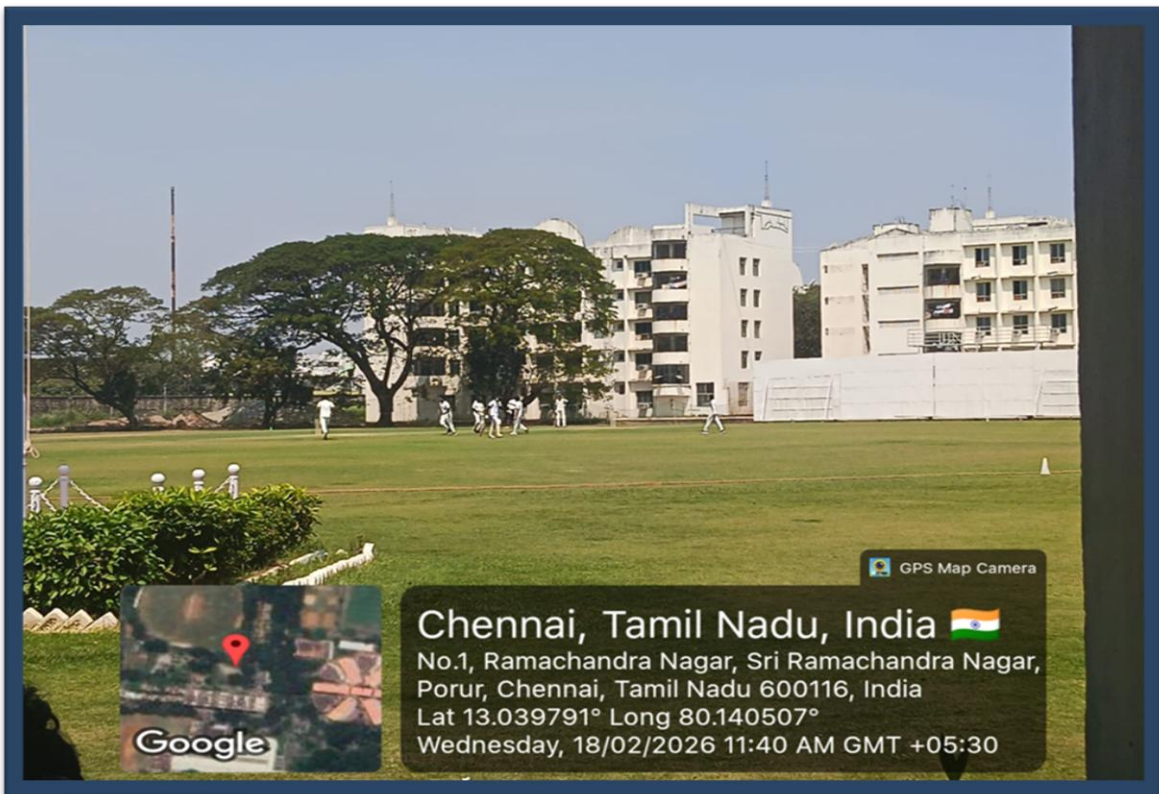
Click here to register
<https://bit.ly/4qW0t5I>

Scan to register

Whats App Group

Dr. C. Pushparani, Ph.D.,
Director of Physical Education
Phone: 044-24765512, Ext: 111
Mobile: +918122289928
Mail: physicaleducation@sriramachandra.edu.in

Our students participated in cricket and reached till semi-finals. In football students went till quarter finals.



The screenshot shows a mobile application interface for a cricket match. At the top, the status bar displays the time 5:31, signal strength, 5G VoLTE, and 81% battery. The app header is red with a white back arrow, the title "Quarter Final", a share icon, and a menu icon. Below the header, there are tabs for "Info", "Summary", "Scorecard", "Comms", and "Squad". The "Summary" tab is selected. The match details are as follows:

- College Of Pharmacy - MMC: 44/10 (10.0)
- Sree Balaji College Of Nursing: 45/2 (3.2)
- Result: Sree Balaji College Of Nursing won by 8 wickets
- Views: 167

Below the match details are two buttons: "Points table" and "Leaderboard". A promotional banner for "cricheroes" features the text "Every streamed match gets remembered" and a "Go live" button. To the right of the banner is a small video player showing a live match scene. Below the banner is the section "Heroes of the match".

The "Player of the match" section features a large image of Saleem Raza on a cricket field. Below the image, the text reads:

- Player of the match**
- Saleem Raza**
- Sree Balaji College Of Nursing*
- 27*(12) 54s 06s
- 2.0-0-4-3
- 7.58 MVP



Students also participated in athletics and indoor games





OUTDOOR GAMES





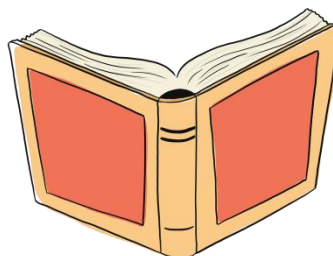


Students actively participated in the sports and games. Sports are not just games they are life lessons in action. They help students grow physically, mentally, and emotionally by building confidence, discipline, leadership, and teamwork.

BOOK PUBLICATION – FEBRUARY 2026

The publication of book stands as a testament to the institution commitment to academic excellence and continuous learning in the field of nursing. Following staff received ISBN number for book publication in this month

S. N O	NAME OF THE TEACHER	TITLE OF THE BOOK/ CHAPTERS PUBLISHED	YEAR OF PUBLICATI ON	ISBN/ISSN NUMBER OF THE PROCEEDING
1.	Dr. C.JEGATHA	SOCIOLOGY FOR NURSES	2026	978-93-5692-393-5
2	PROF. V.TAMIZH KODI	PSYCHOLOGY FOR NURSES	2026	978-93-5692-392-8
3.	Dr. VASANTHA KOHILA K R	NURSING RESEARCH PART-II	2026	978-93-5692-148-1
4	Dr.VIJAYALAKSHMI KS	NURSING MANAGEMENT PART -II	2026	978-93-5692-169-6



PALS CERTIFIED TRAINING PROGRAMME (19.2.2026 & 20.02.2026)



PALS certified training programme was organized under the permission, guidance and directions of our respected Principal Dr. V. Hemavathy PhD. The HOD of Pediatric Department Mrs. V J Binipaul took the lead in conducting the programme with the coordinated work of Trainers from RELA Hospitals Senior Nurse Educator Mrs. Sofi and Nursing Supervisor Mrs. Devi on ***19 and 20 FEBRUARY 2026.***

PALS day 1- session was a theory session on the cardiac cycle, anatomy, circulation, abnormal rhythm and related respiratory abnormalities such as stridor, head bobbing respirations, etc.

DAY 1-PALS THEORY MORNING SESSION ON 19.02.2026(8AM-1.00PM)

The session started with a pre test sent in google form in a link sent to all the participants. The link for pre test link is as follows:

Pre- test link

<https://forms.office.com/Pages/ResponsePage.aspx?id=EqbdKsr4TUueZcqXWbTwhh6FFsqT7oFBsVYtJJBL4GpURDaxWIVQMjRUT0NHTVE2M0RVTTZGSTdPVi4u>

DAY 1-PALS THOERY AFTERNOON SESSION (1.30 – 4.00PM)

- ✚ Explanation of scenario such as low pulse, cardiac arrest and respiratory distress.

DAY 2- PALS MORNING SESSION WITH PRACTICAL DEMONSTRATION AND RETURN DEMONSTRATIONS IN V STATIONS

The practical session came to an end with the post- test, the link of post-test is as follows:

<https://forms.office.com/Pages/ResponsePage.aspx?id=EqbdKsr4TUueZcqXWbTwhh6FFsqT7oFBsVYtJJBL4GpUQkIKUldRUDAxQzhFQkxZRTJBTFVRWERRMC4u>



NSS TRAINING PROGRAMME

SRM Institute of science and technology , Kattankulathur , Chennai conducted training program. Our NSS Programme officers Prof. Mrs. Dhanalakshmi & Prof. Uma maheswari attended training programme on “ *Youth, environmental and rural Development for NSS programme officers*” on *27- 28th February 2026*. Resources person are State Institute of Rural Development , Maraimalai Nagar, Tamil Nadu & Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Tamil Nadu

National Service Scheme (NSS),
SRM Institute of Science and Technology
Kattankulathur, Chennai - 603 203
in association with
NSS Regional Directorate, Chennai & Tamilnadu State NSS Cell
organises
Training Program on
Youth, Environmental and Rural
Development for NSS Programme Officers
Date: 27-28th February - 2026
Venue: Turing Hall, Techpark 1, 8th Floor, SRMIST, Annuxure Campus

Resources Person
State Institute of Rural Development, Maraimalai Nagar, Tamil Nadu.
Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Tamil Nadu.

PATRONS
Prof. C. Muthamizhchelvan, Vice Chancellor, SRMIST
Dr. S. Ponnusamy, Registrar, SRMIST

ORGANISING SECRETARIES
Dr. Lakshmanan T, NSS Programme Advisor, SRMIST
Dr. Prakash V, NSS Programme Coordinator, SRMIST

ADVISORS
Dr. Samuel Chellaiya, NSS Regional Director, South Government of India
Dr. Guna Neethi, State NSS Officer, Tamilnadu State NSS Cell
Dr. Leenus Jesu Martin, Faculty of Engineering and Technology
Dr. A. Duraisamy, Professor and Dean, Faculty of Science and Humanities
Dr. S. Albert Antony Raj, Deputy Dean, Faculty of Science and Humanities

Registration Link:
<https://forms.gle/2Q8JnrGb6UaZEUp6>
Last Date for Registration:
23rd February 2026

NAAC
NIRF
UGC
SHANCHI RANKING
QUALITY INDEX
World Ranking

Scanned with OKEN Scanner



Prof. Mrs. Dhanalakshmi & Prof. Uma maheswari attending training programme





Galaxy S25 Ultra



Malaviya National Mission on Teachers and Teaching Centers (short term course) FEBRUARY -2026

The National Education Policy (NEP) 2020 underscores the need for motivated, energized, and capable faculty in higher education. The capacity building for teachers at all levels is a key focus. Existing mechanisms, namely UGC-Human Resource Development Centres (HRDCs) and Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching Centres (PMMMNTT), have significantly contributed to training faculty. However, continuous professional development is essential due to the dynamic nature of teaching and learning. Hence, the Malaviya Mission Teacher Training Programme (MMTTP) has been re-launched by restructuring existing mechanisms to enhance the capacity and training of teachers/faculty. The mission aims to transform higher education by integrating Indian values and ethos into teaching, research, publications, patents, and institutional development.

Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC), organized by UGC-Malaviya Mission Teacher Training Centre (UGC-MMTTC), conducted a short course at Bharathidasan University, Tiruchirappalli, Tamil Nadu from **04.02.2026 to 12.02.2026** on **NEP 2020 ORIENTATION & SENSITIZATION** . Our staff Prof. Ramani, Prof . Margareat thatcher, lec. Nisha rani D Lect.Juli, Tutor Muthammal, Tutor swathi







REPORT ON MY BHARAT BUDGET QUEST 2026 (AWARENESS & PUBLICITY CAMPAIGN)

The awareness and publicity campaign for MY Bharat Budget Quest 2026 was successfully conducted. Sree Balaji college of nursing NSS Volunteers actively participated in the activity and briefed students about the purpose, importance, and participation process of the Union Budget Quiz 2026. . Feb. 04, 05 and 10, 2026

Objective of the Activity:

- ★ To create awareness among students and the local community about MY Bharat Budget Quest 2026.
- ★ To encourage youth participation in the Union Budget Quiz 2026. • To disseminate information as per the directions of Regional Directorate of NSS, Chandigarh.

our NSS students also participated in “MY BHARAT BUDGET QUEST 2026” online Quiz.





CERTIFICATE OF PARTICIPATION

Ministry of Youth Affairs & Sports

Congratulations

PRADEEP

for successfully participating in the
Online Quiz on

MY Bharat Budget Quest 2026

conducted on **MYBharat**

We appreciate your enthusiasm and acknowledge your valuable participation.
Keep contributing towards a Viksit Bharat.

Participation Date: 10 February 2026

